

FOOTBALL

Age & Weight Classifications:	8 – 10 year olds	Maximum of 135 lbs.
	11-12 year olds	Maximum of 150 lbs.
	13-14 year olds	no weight limits

*Players weighing over the weight limit can still play but must play the interior line and not carry the ball in any aspect such as handoff, fumble recovery, punt return, interception, etc.

**Each player must play within their age classification.

Cut Off Date: Sept. 1st of current year

Roster: Maximum of twenty five (25) players and four (4) coaches for football.

Maximum of twenty (20) cheerleaders and two (2) coaches

Tournament Requirements:

- 1) Each SCAP Agency member will be allowed to enter up to two (2) teams per age group per every seven (7) teams.
1 to 7 teams = Minimum of one All Star team
8 to 14 teams = Minimum of two All Star teams
All leagues with 1,2, or 3 teams will compete in Division II playoffs. All leagues with 4,5,6, or 7 teams will compete in Division I playoffs. All leagues with 8 or more teams will have two all-star teams and compete in Division I playoffs.
- 2) When there are two or more teams in a District, there must be a District elimination held to determine the representative for each District. District elimination will not begin before November 1 and must be completed before Thanksgiving unless weather difficulties force the game to that date.
- 3) By the following weekend, one after Thanksgiving weekend, the Eastern & Southern Districts will compete for the Lower State Championship and the Central & Western Districts will compete for the Upper State Championship.
- 4) The Lower & Upper State winners will then compete against each other to determine the State Champion. Sites will try to be set to play all ages groups at the same place on the same day. If this is not available, then the site will be alternated between the Upper & Lower State winners.
- 5) Each team will be weighed in only once prior to each game. The scale will be set at the allowable weight and the participant must meet the requirement. Those that are over the weight limit have one additional opportunity to meet the requirement. A balancing arm type scale must be used for all weighing.
- 6) All Star teams cannot be an "A" & "B" squad. They must be picked evenly and teams assigned to each All Star team must be determined prior to the start of the regular season.
- 7) Any player who has been a member of a Public or Private High School, Junior High or Elementary School team after September 1 of the current season of any age or grade shall not participate in the All Star playoffs. This refers to inter-school leagues or programs and not intra-murals.

Rules:

- 1) South Carolina State High School League Football rules shall govern play with the following exceptions.
 - a) The length of the quarters shall be eight (8) minutes for all divisions (High school clock rules).
 - b) The ball used shall be provided by the Host Tournament Director:
8-9 & 8-10 divisions will use the Wilson K-2 ball or equivalent
10-11 & 11-12 will use the TDJ ball or equivalent
All other divisions will use the J5Y, TDY ball or equivalent
 - c) All players must wear complete uniforms including the same team jersey, leather or canvas shoes & molded rubber cleats may be worn.
 - d) No coaches allowed on field during play.
- 2) Game time is forfeit time. Extenuating circumstances backed by a phone call can be accepted. Teams would then have a thirty (30) minute grace period, from game time, before a forfeit is declared.
- 3) Football Rules:

- a) Over the weight limit players will wear numbers 70-79 only so they can be identified. No other players should wear numbers in this range. If there are more over the weight limit players that cannot be covered by these numbers, then numbers in the 70-79 range can be duplicated. Players with the same number cannot be on the field at the same time.
 - b) On offense, a maximum of five (5) over the weight limit players will be allowed and they can only play the positions of tackle, guard or center.
 - c) On defense, a maximum of five (5) over the weight limit players will be allowed. They can only play tackle to tackle and must assume a three or four point stance prior to the snap of the ball.
 - d) Players will be weighed each game. If a player is over the weight limit one game and under the next, they must change to an appropriate number.
 - e) Over the weight limit players cannot play on Kick Off or Kick Off return teams. An over the weight limit players cannot be the punter, extra point or field goal kicker. An over the weight limit player cannot carry the ball at any time. If they recover a fumble, catch or intercept a pass or have the ball in their possession for any reason, it is down at that point.
 - f) If a team chooses to run a tackle eligible formation or any equivalent formation, the players on the ends of the formation cannot be over the weight limit players even if they do not report as a receiver and are considered a tackle by High School rules.
 - g) In the 8-9 & 8-10 year old divisions, there will not be any punts. On fourth down a team may go for a first down or declare to punt only. A team may use the entire play clock to declare the punt and state their intention before it runs out. If the clock runs out before their intention is stated then a delay penalty should be given to the offense or they may call a time out in accordance with the game rules. If the team goes to the line in an attempt to draw the defense offside or to run a play and/or has a penalty on the play or calls time out, they may then change their intention and punt. If they choose to punt, the ball will be moved twenty five (25) yards from the line of scrimmage or $\frac{1}{2}$ the distance to the goal, if its inside the fifty (50) yard line for their punt.
 - i) An over the weight limit player, not in their stance at the time of the snap, will be considered as "Delay the Game."
 - j) If an over the weight limit player is caught playing an ineligible position, there will be an unsportsmanlike penalty assessed and a warning given to the Head Coach. If it occurs a second time in the same game an unsportsmanlike penalty will be assessed again and the Head Coach will be ejected from the game. This will continue with each penalty and then move to the next Asst. Coach in charge. A Coach, on the roster, must be with the team on the sidelines at all times. If Coaches are removed and no eligible Coach is available then the game will be forfeited.
- For defensive alignment purposes, the man on the end of the offensive line will be considered an end & cannot be lined up against with an overweight defensive tackle.

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